

luke mangan



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Salt Grill P&O Cruise Liners

EGGPLANT & GARLIC DIP WITH CORIANDER

Serves 4

Ingredients

- 2 Eggplants
- 14g Spice (Roselle)
- 40g Honey
- 6 cloves garlic
- bunch coriander

Method

- Score & salt 2 eggplants for ½ hour & rinse off.
- Place in hot oven for 30mins with olive oil.
- Then scope flesh out & mash with fork.
- Add 6 cloves of roasted garlic, also mashed.
- Add finely chopped coriander & blend well.

